



Pulborough Brooks

Distance: 5¾ km=3½ miles

easy walking

Region: West Sussex

Date written: 9-jul-2015

Author: Sackboot

Refreshments: Pulborough Brooks, Pulborough

Map: Explorer 121 (Arundel) *but the map in this guide should be sufficient*

Problems, changes? We depend on your feedback: feedback@fancyfreewalks.org

Public rights are restricted to printing, copying or distributing this document exactly as seen here, complete and without any cutting or editing. See *Principles* on main webpage.

Woodland, high hills, views

In Brief

Pulborough Brooks is a flood plain of the River Arun and its water meadows are a prime site, run by the RSPB, for viewing winter visitors, including ducks, geese and various waders, some very rare and causing excitement throughout the county. There are also dry-habitat birds such as firecrests, chiffchaffs, and ringed plovers. The site has a café and shop (neither requiring the entrance fee), plus various lookouts and nature trails. You will usually see a large flock of white doves that inhabit the roof of the building.

This walk makes use only of the public footpaths, beginning at the free car park. Visiting the site is optional, for an entrance fee, but highly recommended. During a cursory visit to the town, there is a good pub (to enquire at the White Horse, ring 01798-872189).



Because the river floods in winter, you may prefer to reserve this walk for the dry seasons. At other times, you may need wellies to get around, picturesque though the landscape is. In the summer it is completely dry.



There are no nettles or brambles on this walk, so any kind of attire is fine. The walk is ok for your dog too, but please note that there are some rare breeds of shy cattle grazing the water meadows.

The walk begins at the free Pulborough Brooks car park, West Sussex, postcode **RH20 2EL**. For more details, see at the end of this text (→ **Getting There**).

The Walk

- 1 Starting in the car park of Pulborough Brooks RSPB Nature Reserve, facing the entrance, turn **right** through the disabled bays and, just before the start of the exit driveway, turn **left** on a footpath marked *church*. After some woodland, the path runs over grass and reaches a wire fence. Turn **left** beside the fence. On your right is Wiggonholt Church, belonging to the little community of that name. The church is definitely worth a visit.

Tiny Wiggonholt church is unusual in having no dedication. It is almost unchanged from when it was built in the 1100s. A doorway was added in the 1200s and some windows in the 1400s (not the glass of course which never survives so long). The interior is a single room (no chancel or aisles) and the church is built of rubble.

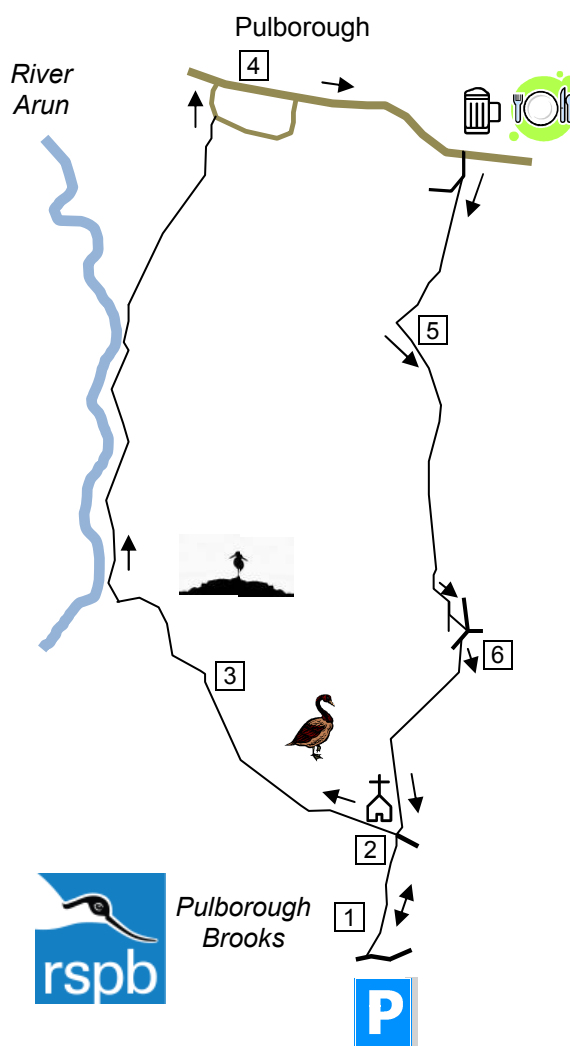
- 2 Continue past the church on your right, past a large wooden gate on your left and go through a small wooden gate ahead. You are now in the RSPB nature reserve and you must stay on the footpath that traverses it. At a crossing, go straight over through a wooden swing-gate. Go straight across this very pleasant meadow, cutting the right-hand corner, with great views of the South Downs to your left. At the other side, veer right past a marker post, go through a wooden swing-gate and straight ahead across the centre of the next meadow. At the other side, go through a wooden swing-gate and veer **left**, as indicated by a fingerpost, passing a wooden seat. Yet another swing-gate takes you into suddenly out into the reedy wetlands. The town of Pulborough is stretched out ahead, with the square tower of St Mary's church perched on the hill to the left.

- 3 Your path goes straight ahead at first. It quickly veers left in the direction of the church and wheel left a little more to a long bank visible ahead. This is a dyke of the River Arun. When you reach it, go up the bank and turn **right** along the riverside. A small wooden gate takes you over a tributary. There are paths down on your left close to the river if you wish to look out for the wildlife. A glance back gives you fine view of the South Downs.





The River Arun may get its name from the British Celtic word "Arno" meaning "run", "go", or "flow". It rises in St Leonards Forest and flows down through Arundel* to the sea at Littlehampton*. The River Rother* flows into it just outside Pulborough. In the 1800s it was linked with the River Wey via the Wey-Arun Canal* enabling shipments direct from London to the south coast. (* See other walks in this series at all these locations.)*

After 600m or so, your path goes up a bank to a 3-way fingerpost. Ahead of you are two paths leading to the town: take the **right**-hand path, the slightly narrower option. The wispy grass here is home to numerous nesting



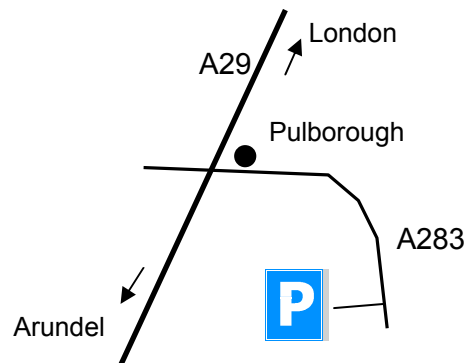
larks in summer. Head for a line of weatherboard houses as your path goes by an unneeded wooden bridge. You arrive at a modern kissing-gate and your path twists right and left over a small bridge and up beside a garden fence to a residential road. Turn **left** and follow the road up to the main road in Pulborough. (You can also turn right on the less interesting residential road.) Turn **right** on the road.

*Pulborough is a large village built along a ridge and consequently long and narrow, with the church built on the highest point, near where an impressive castle once stood (now just an earthwork). The village was a vital centre in Roman times as it stood on the main highway, Stane Street, between Chichester and London. This walk does **not** do it justice at all and it is well worth exploring further (search for "Pulborough history walk").*

-   4 Continue through Pulborough, passing several interesting buildings, going round a double bend. As the road straightens, opposite a superior housing development known as *Maregate*, your route is **right** at a footpath sign on a tarmac drive for Brookgate Farm. However, if you make a diversion of less than 200m, on the left you will find the *White Horse*, a 15th-century country pub which is open all day every day. Having turned right on the footpath, go 50m and leave the drive as it turns right towards a house, to take a narrow path through trees straight ahead. A stile takes you into a large pasture. Keep straight on along the left-hand edge next to a ditch. At the other side, go through a modern kissing-gate, over a bridge and through another kissing-gate. As the RSPB info tablet says, you are now back in Pulborough Brooks, and there is a rustic bench from which to admire it.
- 5 Follow the path along the left-hand edge of the water meadow and over a stile (or through a large wooden gate). Your path now runs between wild hedges and finally ends at a large wooden gate or stile. Continue along the left-hand side of the open wetlands. (The cattle here are usually the gentle Highland breed.) When you reach *Banks Cottage*, go over a stile (or through a large metal gate) and follow the edge of the garden, ignoring a private stile on the left. Just before your path goes up a steep sandy bank, turn **left** by a fingerpost over a stile. *Don't miss this turning!* After some undergrowth, your path goes up steps to the head of a T-junction of tracks. Turn **right**.
- 6 You pass a horse pasture on your left as your track curves right towards a metal gate. Ignore a stile on your left here but veer **left** between two wooden posts and walk along the right-hand side of the horse pasture. Resume through a small metal gate into the next pasture, still keeping to the right-hand side. At the other side, go over a stile and veer a fraction left to go along the right-hand side of a narrow meadow. On your right are the few houses, farm and church that constitute the hamlet of Wiggonholt. Go through a wooden swing-gate under a large oak and cross the tarmac drive. Avoid the small wooden gate ahead (unless you wish to avoid the stile), go over a stile and along the grassy path ahead. Now retrace your outward journey, through trees and back to the car park where the walk began.

Getting there

By car: Pulborough is on the A29 trunk road but Pulborough Brooks are actually in the small village of Wiggonholt off the A283 just south east of the town.



By bus/train: Pulborough Railway Station is more than 1 km from the walk but there are frequent buses into the centre of Pulborough from where you can begin the walk, starting at section [4](#).

fancy more free walks? www.fancyfreewalks.org