

ancy Free Walks point your feet

on a new path

Ditchling and Clayton Windmills

Distance: $17\frac{1}{2}$ km=11 miles

Region: East Sussex, West Sussex

Author: Hautboy

Refreshments: Ditchling

moderate-to-easy walking Date written: 3-sep-2011

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Map: Explorer 122 (Steyning) but the maps in this guide should be sufficient

Problems, changes? We depend on your feedback: feedback@fancyfreewalks.org

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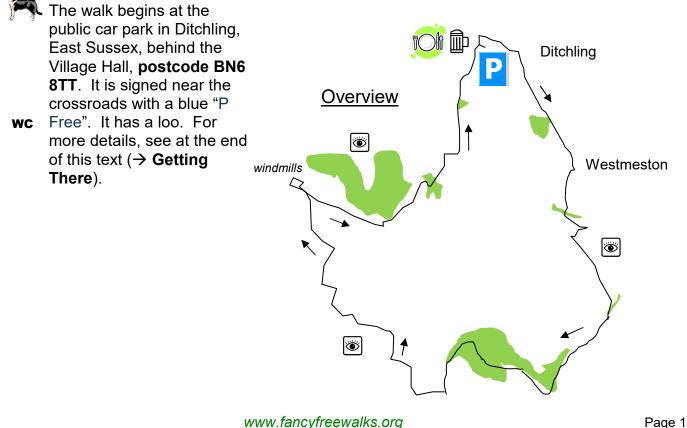
Village, high hills, distant views, woodland, windmills, green meadows

In Brief

The walk up to the Clayton Windmills on top of the South Downs must be one of the best known classic walks in Sussex. But this walk takes a different angle, leading you through another village and over some wonderful landscapes, and along paths that even seasoned walkers may not know. It is perfect at any time of the year.



There are a few nettles and brambles on the lower paths that might irritate bare legs but any sensible clothing and footwear will be fine. Your dog will love this walk (except possibly for a stile at the start of Leg 3).



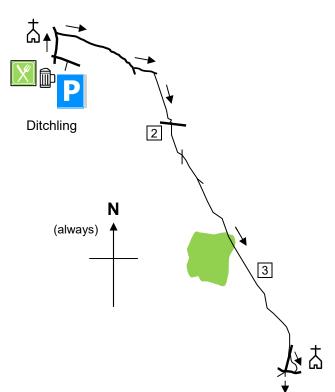
The Walk

Ditchling dates back at least to Saxon times. The first record is from 765 as "Dicelinga", that is, "Dicul's people". King Alfred the Great held lands here. From 1435 until the 1900s the land was owned by the Marquess of Abergavenny (see other walks in this series "Coldrum Stones and Luddesdown" and "A Way Through the Rocks"). In 2007, Ditchling was featured in a BBC documentary called "Storyville: A Very English Village". St Margaret's Church, visible from afar on top of its mound, is unmistakable by its square tower and squat spire. The area around the church reveals several Sarcen Stones which indicate a possible link to a pagan past. Opposite the church, the spectacular timber-framed Elizabethan house is Wings Place. Just south-east of Ditchling is a spur of the Downs called "Blackdog Hill" which is supposedly haunted by the ghost of a headless Black Dog.

Ditchling has two pubs. "The Bull" is a comfortable inn which also offers a comprehensive breakfast menu. "The White Horse", up towards the church, is an excellent blend of a friendly local and a gastropub with an imaginative menu. So one way to pass the day is to begin with breakfast in "the Bull" and finish with supper in "the White Horse". Near the latter is also the Ditchling Tea Room. At the crossroads, "The Green Welly" serves coffee, croissants and cakes, and some posh snacks including an 'all in one' breakfast ciabatta for £5.25.

Leg 1: Ditchling to Westmeston 2³/₄ km=1³/₄ miles

1 The walk begins with a short loop through this charming village. Turn **left** to the main village crossroads and turn **right** alongside *The Bull*. Walk up the High Street. In 130m, turn **right** on East End Lane. You pass a whole range of houses and cottages of every conceivable style. Where the lane curves right at Pardons and East End House, leave it by keeping left on Farm Lane. Go through a yellow metal gate and, in 20m. turn right past a playaround. pass either side of the cricket pavilion, and go out to the main road via the exit for cars. Take a narrow footpath between hedges immediately opposite on the other side of the main road. This path is easy to miss as the signpost that says to Westmeston is almost hidden.



2 The path goes through an old kissing-gate and runs alongside a wall to a residential road. Turn **right** on the road for just 20m and fork **left** at a fingerpost onto a footpath. This narrow enclosed path goes over a bridge and a V-stile into a rough meadow. In 10m, at a fork, take the **right**-hand path, the narrower, more overgrown (but still easily passable) option, and which is *easy to miss*. The path soon zigzags right-left through the remains of a metal gate. In 100m, it veers right and continues along a narrow green path. In 20m, you have a choice at a fork, because they meet up again: either dark hazels (left) or light ash (right). Soon after the left and right options have re-joined, pass over a three-planked area and turn **left** at a T-

junction of paths. Soon you will see a yellow arrow to confirm your route as you enter a small plantation of ash trees (now suffering from ash die-back). Continue along the path, soon passing two planks (which are now redundant and abandoned to the side), and go through a tall metal gate into a flowery sheep meadow. Keep to the **right**-hand side of the field, heading straight for the South Downs that loom ahead.

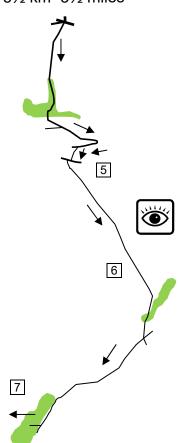
3 At the other side, go through another tall metal gate, over a bridge with rails, over a step-stile and across a meadow to the right-hand corner (not to the stile on the opposite side which is private). Go over a stile and along the left-hand side of a horse pasture. Next, your path leads you over another stile and straight across a grassy meadow. *The house on your left with its barns and other buildings is the historic Westmeston Place, dating from about 1500.* At the other side, go over a split-table-stile, down some steps, over a tarmac drive, up some steps and along a path parallel to the road. Where the path finally comes down to the road, cross straight over the road to a drive and veer **right** to a path between walls, then up steps onto the churchyard of St Martin's, Westmeston.

St Martin's Norman church, which is usually open, was built soon after 1100. The 14th-century entrance porch seems to have been botched in a later century to hold it together. The nave and font are Norman but the south aisle was added two centuries later. Raymond Briggs, author of "The Snowman" lives at Westmeston.

Veer **right** past the church and go through the lichgate to the road. Cross the road carefully and turn **right**, reaching a crossroads.

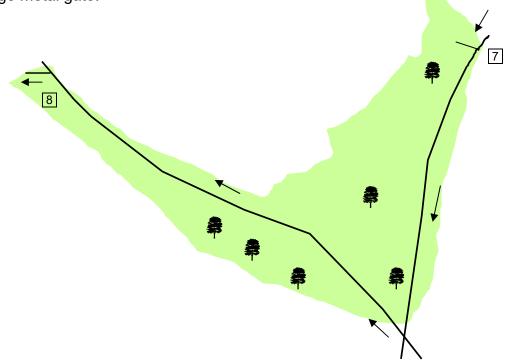
Leg 2: Westmeston to Piddingworth Plantation 5¹/₂ km=3¹/₂ miles

4 Turn left up a semi-tarmac lane beside some cottages, shortly reaching Westmeston Farm. Here, go straight ahead through a wooden gate onto a wide stony path. In 500m, it leads through a wooden gate onto the open hillside of the Downs. Keep to the main path as it curves left, passing several mounds, thought to be ancient burial mounds. In 100m or so, ignore a narrow path sharp right with blue arrows. (This would take you to Ditchling Beacon, a very popular spot with a car park.) Nearby are the earthworks of the hillfort where people report hearing a wild hunt flying overhead, accompanied by the sound of horses' hooves and yapping dogs – see the Black Dog legend in the intro. As you go, views open out on the left and in June the hillside is bedecked with pink orchids. Go through a wooden gate, after which the path becomes stony with chalk and flint. Follow the path **right** round a hairpin, almost reversing your direction.



Less than 100m after the hairpin, turn left on a more grassy path that runs between banks. At the top, there is a fence and your first views south.
Turn right here on a wide path, but only for 40m. At a 3-way fingerpost, take a path left which runs between hawthorns, through a wooden gate and diagonally across a large downland meadow. This is a most exhilarating part of the walk, now that the ascent is over and you can enjoy a gentle downward slope with wide vistas in all directions. The natural shape of the South Downs is so convoluted, you feel like an ant crawling over a piece of sculpture. Another piece of sculpture you cannot mistake is the new Amex Falmer Stadium of Brighton and Hove Albion.

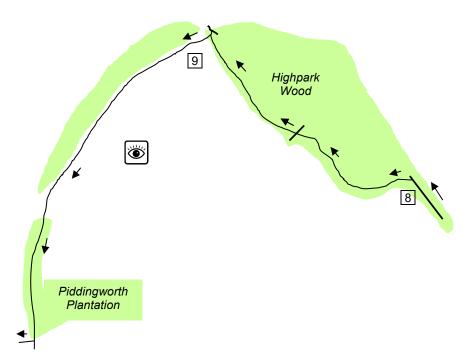
6 At the other side of the meadow, go through a wooden gate and straight down another meadow. Your path swings to the right through hawthorn and goes through another wooden gate. Soon you have a meadow on your left and you come to a junction with a wooden gate and a post on your right. Go **right** through the gate and down a path across the green meadowside, soon close to a wire fence on your right. *This is an especially rewarding area for observing butterflies in summer. The field on the right is a wonderful wild flower meadow - ablaze in summer with yellow, pink, red, orange and some blue flowers.* At the bottom, go through a wooden gate and along the right-hand side of another lovely meadow with woodland on your right. Half way along the edge of the meadow, go through a wooden gate on your **right** next to large metal gate.



The original version of this walk took a short cut, a narrow path up to slope. Since this was taken over by mountain bikers, a simpler route on wide paths is now provided here. Ignore a narrow path on your right and keep straight ahead on a wide woodland path with a forested slope on your right which rejoices in the name Moons Bottom. Follow this path gradually uphill until, after nearly 400m, you come out at the top to an open spot under power lines, with sudden views. Here there is a crossing of tracks, by a tree trunk. Turn sharp **right** here on a broad straight level sandy woodland path. After a while, the path starts to rise very gently and, about 500m since you joined this path, you get occasional clear glimpses through the trees of the open

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hillsides, both left and right. Your path now runs quite straight. In another 100m or so, look out for a post with a blue arrow, just on the right of the path. At the same time, looking left, you will see where the green field ends at a corner and gives way to woodland. Fork **left** opposite the marker post on a narrower path, thus leaving the official bridleway.



8 Take the middle of the three immediate paths. This path runs through the woodland of Highpark, to meet a wide crossing track in 300m. Go straight over the track and continue on another narrow path through the wood, dense with bluebells in late spring. This path winds considerably but is always clear and there is a large meadow visible on your left as a guide. Finally you see, just ahead on the right, the main bridleway by a large corrugated iron shed. Just before two concrete posts at junction, turn left through a metal kissinggate into the open meadow. You are on access land provided by Brighton and Hove Council and the fine open views south are a welcome change after the dark forest.

9 Keep ahead along the right-hand side of this meadow, enjoying the views, including east to Lewes and the spur of the South Downs. After 500m, at a corner, go straight ahead through a wooden gate. Immediately turn **left**, with the wire fence on your left and go through another wooden gate into a woodland of tall beeches. You are in the Piddingworth Plantation. Follow the main path through the wood which changes to more lowly trees with an occasional clearing. Finally, you emerge through a gate into another clover-filled open meadow. Tempting though this is, your route is now immediately **right**, following electricity wires.

Leg 3: Piddingworth Plantation to Jack and Jill 41/2 km=23/4 miles

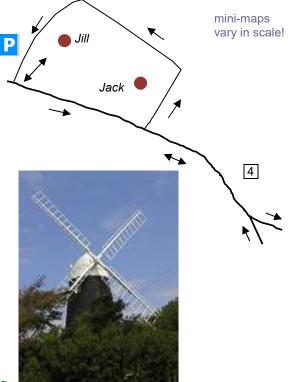
10 See map overleaf. Go through two wooden gates and cross the road, over a stile, onto a track opposite, still following the wires. Keep on down this wide grassy path and, at the end of the field, by a wooden swing-gate, where the wires continue straight on, **ignore both** and veer **right** to stay in the field. Soon on your left is the misnamed *New Barn*. Keep straight ahead, passing through two open metal farm gates, and continue downhill on a wide track. After a clump of trees, you reach a T-junction. Turn **right** here on a tarmac track. The track reaches the farm settlement of Lower Standean. *Here is the true picture of a real working farm without gloss but with so much of interest. Every kind of farm machinery and building can be seen. The produce is remarkably varied, from poultry, sheep and pigs to stone bricks and prodigious quantities of wheat.*

11 Continue through the farm, into West Sussex, passing a verdant sheep pasture on the right and some comfortable-looking pigsties. Stay on the main track uphill, passing a brick barn on your left. Turn sharp **left** with the track along the edge to a field and **right** at the corner. You come to a pair of metal gates and a crosspaths. *This is the Sussex Border Path (SBP), the section that runs between the two Sussexes, from near East Grinstead to near Hove.* Continue straight on regardless, along the lefthand side of the field. At the end, go through a line of hawthorn, through a gate and turn **right** onto an enclosed path. Here you gain your first sight of the windmills.

12 The path runs alongside a wheatfield and, in 200m, turns **left** on a path between fields. At a 3-way fingerpost in the corner, turn **right**. The path descends beside a field and curves uphill with golf links on your left and with the village of Pyecombe visible in the valley to the left. At a 4-way fingerpost, go straight on. You have joined the South Downs Way a longdistance trail running from Winchester to Eastbourne. Your track goes by a metal gate, passes New Barn Farm and comes to a junction just before the Windmills. The return route is sharp right here, but first you will want to make a quick excursion to the windmills.

13 Veer **left** to continue on the track to the windmills. Just before Jack, the black tower mill, turn **right** at a 3-way fingerpost on a path by a fence. From here you get an all too fleeting glimpse of Jack.

There have been windmills on this site at least from 1765. Jack is a brick tower mill with a rotating cap that allowed the sweeps to face the wind. It was built in 1866. in 1906 both Jack and Jill fell into disuse and Jack was leased to various people as a holiday home. Jack is still in private hands. In 1973 Jack and Jill became movie stars with the making of the film "The Black Windmill", with Michael Caine, Janet Suzman and Donald Pleasence, no less. At the time of this revision, Jack is still awaiting restoration by his new owner (barrister Jolyon Maugham), with his sweeps removed and with his temporary white top.



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Lower Standean

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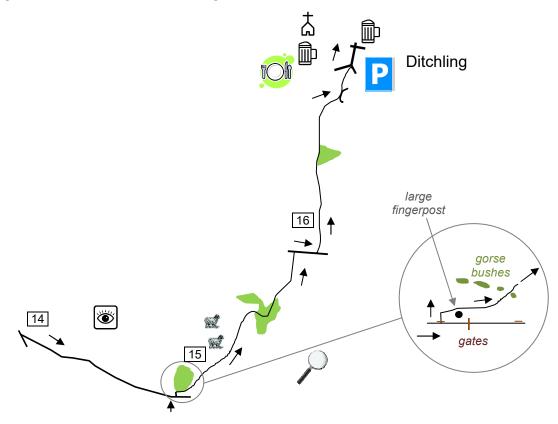
Proceed to a corner where the path turns **left**. Continue until you have a gate ahead and the car park for Jill on the left. Go **left** between posts into the car park and **left** again on the track, immediately passing the entrance to Jill.

Jill is a post mill dating from 1821. She was originally built on Dyke Road in Brighton, where she was known as Lashmar's New Mill. In 1852 she was moved to Clayton. She has suffered a lot of damage in the past, mainly from storms, including the storm of 1987 when the sails were set in motion despite the brakes being on, which set fire to the mill (a constant hazard). Jill still grinds flour and is in working order under the ownership of Mid Sussex District Council. Jill is open to the public most Sundays from May to September.



Continue on the track, avoiding the private entrance to Jack, to the junction that you arrived at and fork **left**. (If you did not visit the windmills, turn sharp right.)

Leg 4: Jack and Jill to Ditchling 41/4 km=23/4 miles



14 Your track goes very gently uphill, through a metal gate, with fine views left to the villages of Keymer and Hassocks, to Oldland Windmill and across the Weald to the North Downs. After 650m, a bridleway meets you on the right. In another 400m, you are joined by the Sussex Border Path coming from the right. In another 50m, before a wooden gate ahead, you will notice an ornate 4-way fingerpost in a small meadow on the left. Turn **left** before you reach it, through a small wooden gate. Turn immediately **right** to go past the ornate fingerpost, which is part of Keymer's contribution to the South Downs Way. You are now back in East Sussex. Keep ahead *www.fancyfreewalks.org* into the next meadow, keeping close to a wire fence on your right, parallel to the track you were on. In 100m, there is a small wooden gate in the fence on your right and the hillside opens out. Veer **left** here away from the fence so that you are going diagonally down the slope. (Ignore a marker post visible over on your left). Go past the last large gorse bush on your **right**, about 50m from the fence, and keep the same direction on a faint, gradually descending, path. You can clearly see your path ahead as it winds down the slope of the hill on the right of the deep valley known as Coombe Bottom.

15 Your clear chalky path is probably shared with a vast number of sheep. This hillside is known as Burnhouse Bostall. (The chalk may be very slippery here, whatever the conditions – take care!) As it nears the bottom, the path curves right and then sharp left through trees. It then takes you along a beautiful path of tall ash trees, past a horse pasture on your left. At the end of the pasture, ignore a stile on the right (which leads into the National Trust Ditchling Down) and continue on the track through a wooden gate beside a large metal gate. On reaching a lane, turn **right**. In 150m, turn **left** over a stile on a signed enclosed footpath, still on the Sussex Border Path.

16 You go through a small metal gate, past the bizarre converted Park Barn Farm, and through a similar gate. A small metal gate now leads you along the right-hand side of a meadow. Oldland Windmill is now clearly visible and the spire of Ditchling Church also comes into view. Go through a gap and a fraction left across the centre of the next meadow, then through a gap in a hedge under a large oak and a fraction right across the next meadow. On the other side, go through a small wooden gate, over a bridge and over a step-stile. The path runs between fences and comes out to a residential road. Turn immediately **left** to a track by no. 17 and continue on a narrow path by a fence and into trees. The path continues to follow the fence and finally arrives at a junction in Ditchling. Go straight across Beacon Road to join the pavement and veer **left** into the centre of the village where the walk began.

Getting there

By car: Ditchling is near Brighton, so the route is via the M23 / A23. Whether coming from the London area or from Brighton, turn off at the sign *Hassocks A273*. Keep following signs for *Hassocks* until you see a sign for *Ditchling* at a fork off to the right. Turn right at the crossroads in the middle of town. The free car park is almost immediately on the right.

By bus/train: bus 824 from Burgess Hill or Hassocks railway station, not Sunday. Check the timetables.

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